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# GOOD HEALTH GATEWAY: DIABETES

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## Program Overview

The Good Health Gateway Diabetes program provides support to pre-diabetics and those with Type I or Type II diabetes. Participants have unlimited access to clinical diabetes nurse educators and pharmacists, as well as access to educational resources such as diabetes webinars and newsletters.

Upon registering for the program you will schedule a short telephonic meeting with the clinical team to create your personalized Diabetes Health Action Plan to ensure you are completing the following American Diabetes Association recommended labs and exams annually:

- Annual foot exam
- Annual eye exam
- Annual laboratory work-up of your fasting blood lipid levels
- Annual laboratory work-up of your urine/protein levels
- Laboratory work-up of your Hemoglobin A1c levels every 6 months

By completing these requirements, you can receive your diabetes medications and supplies for free at the BMC pharmacies or through BMC mail order with Cornerstone. Your doctor will complete a form annually to update Good Health Gateway on your status with these requirements. If your doctor determines you do not require one of the activities, they can simply indicate not needed beside that requirement, and it will be waived. Once completed, you will need to submit the “Provider Confirmation Form” to Good Health Gateway (through the website, by mail, email or fax) to verify completion of the required medical exams and lab tests to receive the waived copay.

## Eligibility

Enrolled in a BMC employee medical plan with Health Plans, Inc.

## How to get started

Visit [www.goodhealthgateway.com](http://www.goodhealthgateway.com) and select “Boston Medical Center” or call Good Health Gateway at 800.643.8028 Mon. – Thurs. from 8:30 am - 6:00 pm and Fri. from 8:30 am - 5:00 pm.

## Questions

If you need assistance, please call 800.643.8028

**Let us know what you think!** If you would like to provide feedback on your experience with this program, please email the BMC Benefits Team at [benefits@bmc.org](mailto:benefits@bmc.org).