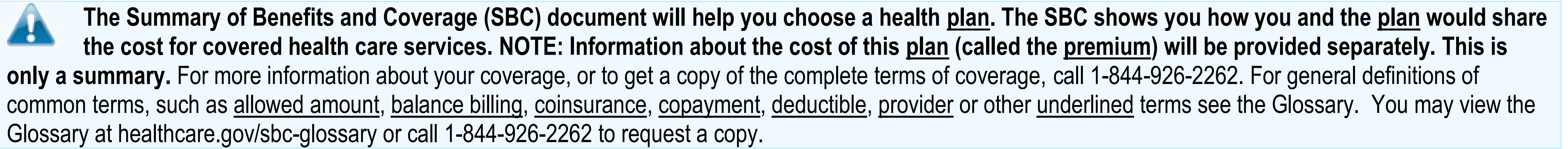
Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services
Coverage Period: Beginning on 01/01/2025
Boston Medical Center: BMC HMO Plan
Coverage for: Employee & Dependents | **Plan Type:** HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-844-926-2262. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider or other underlined terms see the Glossary. You may view the Glossary at healthcare.gov/sbc-glossary or call 1-844-926-2262 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Tier 1---Single Plan: $500 employee Family Plan: $500 person/$1,000 family Tier 2---Single Plan: $500 employee Family Plan: $500 person/$1,000 family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. In-network preventive services, physician office visits and routine vision exams are some of the services covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at healthcare.gov/coverage/preventive-care-benefits
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	Tier 1---Single Plan: $4,000 employee Family Plan: $4,000 person/$8,000 family Tier 2---Single Plan: $4,000 employee Family Plan: $4,000 person/$8,000 family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit is met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See HealthPlansInc.com/BMC or call 1-844-926-2262 for a list of network providers.	This plan uses a provider network. You pay less if you use a provider in the plan's network. You pay the most if you use an out-of-network provider and you might receive a bill from a provider for difference between the provider's charge and what your plan pays (balance-billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	Yes.	This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay: Tier 1 Core Network & BMC Select Providers, all HPHC Physicians & most HPHC Hospitals (You pay the least)	What You Will Pay: Tier 2 High Cost HPHC Hospitals (You pay the most)	Limitations, Exceptions & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$25 copay/visit, deductible waived		You may have to pay for services that aren't preventive. Ask your provider if services are preventive. Then check what your plan will pay.
	Specialist visit (referral required)	$40 copay/visit; deductible waived		
	Preventive care/screening/Immunization	No charge		
If you have a test	Diagnostic test (x-ray, blood work)	No charge		Preauthorization required for non-BMC Imaging Providers
	Imaging (CT/PET scan, MRI)-Hospital based Non-Hospital based	$100 copay/visit $50 copay/visit	$400 copay/visit $400 copay/visit	
If you need drugs to treat your illness or condition. More information about **prescription drug coverage** is available at HealthPlansInc.com/BMC	Generic drugs— BMC Pharmacy (30 days) BMC Pharmacy (90 days) Retail Mail Order	$12 copay/prescription $24 copay/prescription $20 copay/prescription $40 copay/prescription		Deductible waived. Covers up to 30-day supply (BMC Employee Pharmacy Retail and Express Scripts Retail); 90-day supply (BMC Employee Pharmacy and Express Scripts Mail Order Pharmacy). Prescription drug program requires certain specialty drugs be accessed through Accredo Health Group, an Express Scripts specialty pharmacy. Please call the number on your ID card for a list of such drugs
	Preferred brand drugs— BMC Pharmacy (30 days) BMC Pharmacy (90 days) Retail Mail Order	$20 copay/prescription $40 copay/prescription $50 copay/prescription $100 copay/prescription		
	Non-preferred brand drugs— BMC Pharmacy (30 days) BMC Pharmacy (90 days) Retail Mail Order	$30 copay/prescription $85 copay/prescription $90 copay/prescription $270 copay/prescription		
	Specialty drugs— BMC Pharmacy (30-day supply) BMC Pharmacy (90-day supply) Retail Mail Order	$35 copay/prescription $105 copay/prescription 20% coinsurance ($250 max/prescription) 20% coinsurance ($750 max/prescription)		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	$100 copay/visit	$500 copay/admission	Preauthorization required for all spine & joint surgeries or you pay $500 more. Referral required for Surgeon.
	Physician/surgeon fees	deductible only		

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If you need immediate medical attention	Emergency room care	$150 copay/visit; deductible waived		Copay waived if admitted
	Emergency medical transportation	No charge		None
	Urgent care—Doctor on Demand, CVS Minute Clinics, Stand Alone Urgent Care Centers	$10 copay/visit; deductible waived		None
If you have a hospital stay	Facility fee (hospital room)	$250 copay/admission	$750 copay/admission	Preauthorization required
	Physician/surgeon fees	deductible only		
If you need mental health, behavioral health, substance abuse services	Outpatient services— Office visit	$10 copay/visit; deductible waived		Preauthorization required for Intensive Outpatient Treatment & Inpatient Services
	Outpatient services— Intensive Outpatient Treatment	No charge		
	Inpatient services	No charge		
If you are pregnant	Office visits	No charge		Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). Requires preauthorization for stays over 48 hrs (normal delivery)/96 hrs (caesarean).
	Childbirth/delivery professional services	No charge		
	Childbirth/delivery facility services	$100 copay/admission	$750 copay/admission	
If you need help recovering or have other special health needs	Home health care	No charge		Preauthorization required
	Rehabilitation services— Inpatient	No charge		60 days/yr. Requires preauthorization for Inpatient & Speech therapy. 60 visits/yr combined for Physical & Occupational therapies. Limits do not apply to children under age of 3 if Medically Necessary
	Rehabilitation services— Outpatient	$10 copay/visit; deductible waived		
	Habilitation services— Early Intervention	No charge		to age 3. Referral required from HPHC provider only. Preauthorization & visit limits based on services provided.
	Habilitation services— Developmental Delay	$10 copay/visit; deductible waived		
	Skilled nursing care	No charge		100 days/yr. Preauthorization required

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If you need help recovering or have other special health needs (continued)	Durable medical equipment—	20% coinsurance; deductible waived	Not available	Preauthorization required for rental over 3 months, equipment over $1,000, neuromuscular stimulator equipment and implantable loop recorders & defibrillators
	Oxygen & respiratory equipment	No charge	Not available	
	Hospice services	No charge		Preauthorization required
If your child needs dental or eye care	Children's eye exam	$40 copay/visit; deductible waived		1 exam/yr
	Children's glasses	Not covered		n/a
	Children's dental check-up	$10 copay/visit; deductible waived		2 exams/yr to age 13

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Non-emergency care when traveling outside U.S.
- Weight loss programs
- Dental care (over age 13)
- Private Duty Nursing
- Long term care
- Routine foot care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (16 visits/yr)
- Hearing aids ($1,000/aid/ear/36 months)
- Bariatric Surgery
- Infertility treatment
- Chiropractic care (16 visits/yr)
- Routine eye care (adult-1 exam/yr)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the U.S. Department of Labor, Employee Benefits Security Administration, at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, you can contact the plan at 1-844-926-2262. You may also contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes.
Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes.
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:
Spanish (Español): Para obtener asistencia en Español, llame al 1-844-926-2262
Portuguese (Portuguès): De assistència em Portuguès, ligue 1-844-926-2262
Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-844-926-2262

[———————————*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*———————————

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- **The plan's overall *deductible*** **$500**
- **Specialist *copayment*** **$40**
- **Hospital (facility) deductible**
- **Other *no charge***

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,700**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$500
Copayments	$10
Coinsurance	$0
What isn't covered	
Limits or exclusions	$60
The total Peg would pay is	**$570**

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- **The plan's overall *deductible*** **$500**
- **Specialist *copayment*** **$40**
- **Hospital (facility) deductible**
- **Other *coinsurance***

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,600**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$0
Copayments	$600
Coinsurance	$200
What isn't covered	
Limits or exclusions	$20
The total Joe would pay is	**$820**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- **The plan's overall *deductible*** **$500**
- **Specialist *copayment*** **$40**
- **Hospital (facility) deductible**
- **Other *copayment*** **$10**

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$2,800**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$500
Copayments	$200
Coinsurance	$50
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$750**

The **plan** would be responsible for the other costs of these EXAMPLE covered services.